

GREATER COLUMBIA BEHAVIORAL HEALTH Policies and Procedures

Category: Clinical
Approved On: 10/31/2005
Approved By: The Board of Directors
Revised: 00/00/00
Effective Date: 15 days from the approval date/ the last revision date

No: CL325.00

Title: Rehabilitation Case Management Policy

I. Scope:

This service provision Standard applies to all Greater Columbia Behavioral Health (GCBH) Regional Office, Member Governments, and subcontractors.

II. Purpose(s):

The purpose of this standard is to provide GCBH Regional Office, Member Governments, and subcontractors with clearly defined standards for the provision of access to and oversight of rehabilitation case management services.

III. Policy:

GCBH shall ensure that the Regional Office, Member Governments and subcontractors provide access to rehabilitation case management services prior to Intake to individuals who are admitted to an Institute for Mentally Diseased (IMD) who are under 22 years of age, aged 65 or older, meet the acutely mentally ill definition (RCW 71.24) or are discharged from psychiatric inpatient care and are acutely mentally ill, on a Less Restrictive Alternative (LRA), an adult with a serious and persistent mental illness who meet GCBH Access to Care criteria, has a diagnosed major mental illness and meets the statutory definition for chronically mentally ill.

IV. Responsibility:

GCBH through its contracted provider network delegates the responsibility of providing access to rehabilitation case management services prior to intake.

V. Requirements:

At a minimum, GCBH contracted provider's policy and procedures for rehabilitation case management must be in writing and address the following requirements:

- A. Rehabilitation case management services shall be provided by, or under the supervision of a mental health professional.
- B. Individuals in need of case management in order to ensure timely and appropriate treatment and care coordination are eligible to receive rehabilitation case management prior to intake.
- C. Rehabilitation case management services include:
 - 1. assessment for discharge or admission to community mental health care,
 - 2. integrated mental health treatment planning, resource identification and linkage to mental health rehabilitative services,
 - 3. and collaborative development of individualized services that promote continuity of mental health care.
 - 4. these activities may be conducted in or with a facility by the outpatient provider.
- D. Rehabilitation case management services are intended to promote discharge, maximize the benefits of placement, minimized the risk of unplanned re-admission and increase the community tenure for the individual.

VI. Scheduled Review of this Policy:

The review of the GCBH policies and procedures manual is on a two year cycle. The GCBH policy review and revision approval process is a three month process. This policy is scheduled to be reviewed every second year:

- A. by GCBH staff by September of even years,
- B. by the Regional Advisory Board (RAB) by October of even years,
- C. by the GCBH Board of Directors by November of even years, and
- D. outside of the schedule if required.