

GREATER COLUMBIA BEHAVIORAL HEALTH

Policies and Procedures

Category: Clinical
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Title: CHILDREN'S PSYCHIATRIC CONSULTATION PROTOCOL

I. Purpose:

It is the intent of Greater Columbia Behavioral Health (GCBH) to provide quality consultative services for children receiving medically necessary mental health services within the 11-county mental health region.

This protocol establishes guidelines for obtaining a telephonic consultation with the GCBH Medical Director who will then obtain a telephonic consultation with a child and adolescent psychiatrist as felt necessary, oriented towards prior services, current status and possible treatment options.

II. Who can request a consultation?

A consult is available when a Clinical Director, children's mental health services supervisor or psychiatrist from a GCBH contracted community mental health agency requests consultation. Other individuals should contact the respective local Clinical Director regarding obtaining a consult. The local Clinical Director will coordinate the child psychiatric consultations.

III. Under what circumstances can a consultation be requested?

Following are examples of circumstances where a consult may be helpful:

- A. Out-of-home or out-of-community placement is being considered (including a CLIP placement).
- B. Multiple JRA detentions of child with mental disorders.
- C. Intensive in-home services have been unsuccessful.
- D. Prolonged psychiatric hospitalizations.
- E. Multiple and often unsuccessful out-of-home placements due to mental disorders.

IV. How do I set up a consultation?

The local Clinical Director contacts the GCBH Medical Director. If the Medical Director is unavailable please leave your name, the reason for the call and a call back number in order to schedule the consultation. The consultation will usually occur within 10 days of the initial contact.

V. What information will be needed prior to the consultation?

- A. A psychiatric evaluation if available.
- B. Psychological testing (if completed).
- C. Current Medication list.
- D. Recent progress notes or outpatient visit notes.
- E. Treatment plan.
- F. Psychosocial evaluation.

Materials should be sent (by Express Mail if possible) to:

Greater Columbia Behavioral Health
Attn: Medical Director
101 N. Edison St.
Kennewick, WA 99336

Additional questions should be referred to the GCBH Director.

APPROVAL

/S/ Kenneth Roughton

Kenneth Roughton, Ph.D
Director

05/06/10

Date